

2026 Cincinnati Golden Gloves Regional Tournament

Official Fact Sheet

DATES Saturday April 11 & Sunday April 12, 2026	LOCATION CGG Gym at 400 W Maple in Cincinnati OH 45216
WEIGH INS & DOCTOR 8 am-10 am	DOORS OPEN 1 pm BOUTS BEGIN 2 pm
REGISTRATION DEADLINE March 20, 2026 Konquer app	

TOURNAMENT OVERVIEW

The CGG Regional Tournament has 2 levels of competition:

A) National Golden Gloves Qualifier: for Open boxers age 18+ from Cincinnati, Dayton, Louisville and Lexington: this is the qualifier for advancing to the 2026 National Golden Gloves Tournament with the Cincinnati Franchise Team

B) Matched Bouts: for all other ages & divisions: pre-matched bouts

BOXER ELIGIBILITY

For National Golden Gloves Qualifier bouts:

- Age: Must be 18 years or older at the time of competition
- Experience: Must be open with AT LEAST 10 contested bouts
- Residency Requirement: Must reside in the Cincinnati GG Franchise Region (Cincinnati, Dayton, Louisville, Lexington)
- Weight: No weight allowance
- USA Boxing membership: Must have passbook w/ 2026 membership card showing that birth certificate/passport has been Verified by USA Boxing and Athlete Physical is valid and current on date of competition

For pre-matched bouts:

- Age: all ages
- Experience: all levels
- Residency: anywhere in US
- Weight: standard USA Boxing weight allowances for matched bouts at local level
- USA Boxing membership: must have passbook w/ 2026 membership card showing that birth certificate/passport has been Verified by USA Boxing and Athlete Physical is valid and current on competition dates

OPEN DIVISION WEIGHT CLASSES FOR NATIONAL GOLDEN GLOVES QUALIFIER:

Male Open:	110, 121, 132, 143, 154, 165, 176, 187, 198, 198+
Female Open:	106, 112, 119, 125, 132, 143, 154, 165, 176, 176+

Open Boxers must declare one division and may not compete in multiple divisions or weight classes.

TOURNAMENT DRAW AND BOUT SHEETS

The tournament draw will be publicly conducted via Konquer on April 11 after weigh-ins.

Daily bout sheets will be posted in Konquer.

COACH ELIGIBILITY

Must have coach's passbook w/ 2026 membership card showing that SafeSport certification is current on competition dates. Coaches cannot be given wristbands or work corners unless they can provide proof of current membership and SafeSport certification.

AWARDS, WALKOVERS, AND SUBSTITUTIONS FOR OPEN BOXERS COMPETING TO QUALIFY FOR 2026 NATIONAL GOLDEN GLOVES TOURNAMENT WITH CINCINNATI FRANCHISE TEAM**Advancement and Awards:**

Open boxers must compete and win at least once in this tournament to be eligible for awards, CGG regional championship title, and advancement to National GG with the Cincinnati Franchise Team.

Walkovers:

If there is only one registered competitor in an open weight division, he or she must establish their tournament weight at weigh-ins on Day 1 (April 11) to be eligible to advance to National GG with the Cincinnati Franchise Team by walkover.

Note: per National Golden Gloves rules, any boxer who advances to nationals with the Cincinnati Franchise Team by walkover must cover their own travel expenses for the National Golden Gloves Tournament.

Substitutions:

the Cincinnati Franchise Director (Christina LaRosa) is authorized to advance a substitute boxer of her choice if the winner in an open weight division becomes unavailable for the National Golden Gloves Tournament.

COMPETITION EQUIPMENT**Gloves:**

- USA Boxing-approved gloves will be provided to boxers for use during competition
- 10 oz gloves for boxers weighing up to 139.0 lbs
- 12 oz gloves for boxers weighing 139.1 lbs or more

Headgear:

- Boxers must use their own USA Boxing-approved headgear.
- Open 18+ boxers must wear open-face headgear (no cheek protectors).

Handwraps:

- Gauze handwraps must comply with the athletic tape & gauze specifications in USA Boxing Rulebook (see Rule 38.3)
- Elastic training handwraps must comply with the specifications in USA Boxing Rulebook (Rule 38.3)
- All handwraps must be inspected by a qualified official for compliance with Rule 38, and the official must sign directly on the handwraps, before gloving at the competition

CINCINNATI FRANCHISE DIRECTOR: Christina LaRosa mobile 913-954-7160 email christina@cincinnatiboxing.org